

# July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p><b>Canada Day</b></p> <p><b>Free Swim</b> 11am-9pm</p>	<p>2</p> <p><b><u>NO LESSONS</u></b></p> <p><b>Free Swim</b> 11am-9pm</p>	<p>3</p> <p><b>SESSION 1</b></p> <p><b>Water Polo Camp</b> 12:15-1pm</p> <p><b>Lane Swim</b> 8-9pm</p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>4</p> <p><b>Lane Swim</b> 7:45-8:15am</p> <p><b>Water Polo Camp</b> 12:15-1pm</p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>5</p> <p><b>Water Polo Camp</b> 12:15-1pm</p> <p><b>Lane Swim</b> 8-9pm</p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>6</p> <p><b>Lane Swim</b> 7:45-8:15am</p> <p><b>Water Polo Camp</b> 12:15-1pm</p> <p><b>Single Digit Night</b> 6-8pm</p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>7</p> <p><b>Beechwood Water Polo Tournament (@ West 2)</b> 1-5pm</p> <p><b>Free Swim</b> 11am-9pm</p>
<p>8</p> <p><b>Aquafit</b> 7-8pm</p> <p><b>Free Swim</b> 11am-9pm</p>	<p>9</p> <p><b>Lane Swim</b> 7:45-8:15am</p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>10</p> <p><b>Halloween Night</b> 5:30pm</p> <p><b>Lane Swim</b> 8-9pm</p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>11</p> <p><b>Lane Swim</b> 7:45-8:15am</p> <p><b>Fun in the Sun</b> 12-1pm</p> <p><b>Tween Night</b> 7-9pm</p> <p><b>Session 2 Sign Up</b></p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>12</p> <p><b>Free Swim</b> 1pm-4pm</p> <p><b>Adult Party</b> 8pm</p>	<p>13</p> <p><b>Lane Swim</b> 7:45-8:15am</p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>14</p> <p><b>Free Swim</b> 11am-9pm</p>
<p>15</p> <p><b>Aquafit</b> 7-8pm</p> <p><b>Free Swim</b> 11am-9pm</p>	<p>16</p> <p><b>SESSION 2</b></p> <p><b>Lane Swim</b> 7:45-8:15am</p> <p><b>Synchro Camp</b> 12:15-1pm</p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>17</p> <p><b>Lane Swim</b> 8-9pm</p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>18</p> <p><b>Lane Swim</b> 7:45-8:15am</p> <p><b>Synchro Camp</b> 12:15-1pm</p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>19</p> <p><b>Single Digit Night</b> 6:30-8pm</p> <p><b>Lane Swim</b> 8-9pm</p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>20</p> <p><b>Lane Swim</b> 7:45-8:15am</p> <p><b>Synchro Camp</b> 12:15-1pm</p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>21</p> <p><b>Free Swim</b> 11am-9pm</p>
<p>22</p> <p><b>Free Swim</b> 11am-9pm</p>	<p>23</p> <p><b>Lane Swim</b> 7:45-8:15am</p> <p><b>Synchro Camp</b> 12:15-1pm</p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>24</p> <p><b>Teen Night</b> 7-9pm</p> <p><b>Lane Swim</b> 8-9pm</p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>25</p> <p><b>Lane Swim</b> 7:45-8:15am</p> <p><b>Fun in the Sun</b> 12-1pm</p> <p><b>Synchro Performance</b> 7pm</p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>26</p> <p><b>Lane Swim</b> 8-9pm</p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>27</p> <p><b>Lane Swim</b> 7:45-8:15am</p> <p><b>Session 3 Sign Up</b></p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>28</p> <p><b>Free Swim</b> 11am-9pm</p> <p><b>CPR Course</b></p>
<p>29</p> <p><b>Aquafit</b> 7-8pm</p> <p><b>Free Swim</b> 11am-9pm</p>	<p>30</p> <p><b>SESSION 3</b></p> <p><b>Lane Swim</b> 7:45-8:15am</p> <p><b>Sports Camp</b> 12:15-1pm</p> <p><b>Free Swim</b> 1pm-9pm</p>	<p>31</p> <p><b>Tween Night</b> 6-8pm</p> <p><b>Lane Swim</b> 8-9pm</p> <p><b>Free Swim</b> 1pm-9pm</p>				

# August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <b>Lane Swim</b> 7:45-8:15am <b>Sports Camp</b> 12:15-1pm <b>Aquafit</b> 7-8pm <b>Free Swim</b> 1pm-9pm	2 <b>Senior Swim Meet</b> 3pm  <b>NO FREE SWIM</b>	3 <b>Lane Swim</b> 7:45-8:15am <b>Sports Camp</b> 12:15-1pm  <b>Free Swim</b> 1pm-9pm	4     <b>Free Swim</b> 11am-9pm
5   <b>Aquafit</b> 7-8pm <b>Free Swim</b> 11am-9pm	6 <b>Civic Holiday- NO LESSONS</b>   <b>Free Swim</b> 11am-9pm	7  <b>Triathlon</b> 1pm <b>Lane Swim</b> 8-9pm <b>Free Swim</b> 1pm-9pm	8 <b>Lane Swim</b> 7:45-8:15am <b>Sports Camp</b> 12:15-1pm  <b>Aquafit</b> 7-8pm <b>Free Swim</b> 1pm-9pm	9  <b>Jr Swim Meet (@ UB2)</b> 1pm <b>Lane Swim</b> 8-9pm <b>Free Swim</b> 1pm-9pm	10 <b>Lane Swim</b> 7:45-8:15am  <b>Session 4 Sign Up Sports Camp</b> 12:15-1pm <b>Free Swim</b> 1pm-9pm	11     <b>Free Swim</b> 11am-9pm
12   <b>Aquafit</b> 7-8pm <b>Free Swim</b> 11am-9pm	13 <b>SESSION 4 Lane Swim</b> 7:45-8:15am  <b>Dance Camp</b> 12-1pm <b>Free Swim</b> 1pm-8:30pm	14  <b>Dance Camp</b> 12-1pm <b>Teen Night</b> 7-9pm <b>Lane Swim</b> 7:30-8:30pm <b>Free Swim</b> 1pm-8:30pm	15 <b>Lane Swim</b> 7:45-8:15am <b>Dance Camp</b> 12-1pm  <b>Aquafit</b> 7-8pm <b>Free Swim</b> 1pm-8:30pm	16 <b>Dance Camp</b> 12-1pm <b>Talent Night &amp; Pizza</b> 5:30pm <b>Lane Swim</b> 7:30-8:30pm <b>Free Swim</b> 1pm-8:30pm	17 <b>Lane Swim</b> 7:45-8:15am   <b>Free Swim</b> 1pm-8:30pm	18     <b>Free Swim</b> 11am-8:30pm
19   <b>Aquafit</b> 7-8pm <b>Free Swim</b> 11am-8:30pm	20 <b>Lane Swim</b> 7:45-8:15am   <b>Free Swim</b> 1pm-8:30pm	21   <b>Lane Swim</b> 7:30-8:30pm <b>Free Swim</b> 1pm-8:30pm	22 <b>Lane Swim</b> 7:45-8:15am <b>Fun in the Sun</b> 12-1pm <b>Aquafit</b> 7-8pm <b>Free Swim</b> 1pm-8:30pm	23 <b>Carnival Night</b> 5:30pm  <b>Lane Swim</b> 7:30-8:30pm <b>Free Swim</b> 1pm-8:30pm	24 <b>Lane Swim</b> 7:45-8:15am   <b>Free Swim</b> 1pm-8:30pm	25     <b>Free Swim</b> 11am-8:30pm
26   <b>Aquafit</b> 7-8pm <b>Free Swim</b> 11am-8:30pm	27 <b>Bronze Courses All Week</b> <b>Lane Swim</b> 7:45-8:15am <b>Free Swim</b> 1pm-8:30pm	28   <b>Lane Swim</b> 7:30-8:30pm <b>Free Swim</b> 1pm-8:30pm	29 <b>Lane Swim</b> 7:45-8:15am   <b>Free Swim</b> 1pm-8:30pm	30   <b>Lane Swim</b> 7:30-8:30pm <b>Free Swim</b> 1pm-8:30pm	31 <b>Lane Swim</b> 7:45-8:15am   <b>Free Swim</b> 1pm-8:30pm	

# September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1  <b>Free Swim</b> 12-8pm
2  <b>Free Swim</b> 12-8pm	3 <b>Labour Day</b>  <b>Free Swim</b> 12-8pm	4 <b>Pool Closed</b>	5 <b>Pool Closed</b>	6 <b>Pool Closed</b>	7 <b>Pool Closed</b>	8  <b>Free Swim</b> 12-8pm
9 <b>Closing Day</b>  <b>Free Swim</b> 12-6pm	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29